



For COVID-19 information, visit <https://floridahealthcovid19.gov/>

Helpline
1.866.684.5885
We are here for you.

Call us if you're looking for access to...

- **Food**
- **Food Stamps (SNAP)**
- **Home Delivered Meals**
- **Shopping Assistance**
- **Caregiver Resources**
- **Rent Assistance**
- **Electric Bill Assistance**
- **Other long term care needs**

Your Aging & Disability Resource Center's **Helpline** is the number to call when you need information and guidance on resources available to seniors, adults with disabilities and their caregivers.

**Life gets a bit more complicated as we get older.
It's good to know where to turn.**